

## Phoenix Blend

'Friendly efficient service, you always come out happy regardless of how you felt when you went in.'

Piers - Steamship Mutual

'Service is friendly and always welcoming whatever time of day. Good food good value for money.'

C. O'Brien

## Phoenix Service

'Vibrance supports my cousin, they have been fantastic promoting her independence wherever possible by helping her to travel safely on London buses, shop for food and personal items.'

The staff work in a caring, professional way and makes her days fun and interesting.'

Janice Ginn

## How to find us...

Phoenix Blend is a short walk from Liverpool Street, Aldgate and Aldgate east tube stations.



## Get in touch

For more information on any of our services in this leaflet please contact us in one of the following ways:

Email: [blue.skies@vibrance.org.uk](mailto:blue.skies@vibrance.org.uk)

Phoenix Blend contact number: 07984 108 602

Phoenix Blend Unit 3 The Pavilions, 29 Bell Lane London E1 7LA

# Phoenix Blend Employment & Day Opportunities



Phoenix Blend isn't just a place for a good cup of coffee and a chat. More importantly, it's a place where local vulnerable people can gain valuable work experience helping to promote a fulfilling, independent life.



## Part of your community

We believe any person with a learning disability that wants to work and needs support to get a job should be able to do so. Phoenix Blend enables people to have the opportunity to engage in meaningful employment.

We offer:

- Work taster sessions
- Employment training opportunities with a recognised qualification
- Volunteer placements

We actively promote the ASDAN Qualification which supports individuals with learning skills for employment and daily living. A qualification is awarded on the completion of your chosen course.

Transport to Phoenix Blend is available on request.

We also support service users with:

- CV Building
- IT Skills



## Phoenix Blend is special...

We're not only a unique café situated in the vibrant area of Spitalfields but to the rear of the café premises is where you will find our Phoenix service, a modern community hub for adults with a learning disability.



Phoenix service provides individual support for adults with a learning disability all within a relaxed, friendly and supportive environment, transport to our service is available on request.

Our experienced staff team are as diverse as the people we support and the activities we get involved in.

### Some of the activities we offer:

- Supporting independence through travel training, daily living skills such as shopping, cooking and handling money
- On site Drama sessions from our qualified Drama therapist
- Social events such as going to the Cinema, Theatre, Museums, Bowling and lunches out
- Promoting health through Hydrotherapy, Rebound Therapy and Swimming sessions.
- Various ASDAN courses all with a recognised qualification awarded on completion
- Arts & Crafts
- Computer sessions which include using the internet, emails, electronic 'Person Centred Plans' & Social Media
- Most importantly of all, having fun!

Our aim is to support the people that attend our service throughout the year to various exciting activities and experiences in our great city.

### Interested? There are a number of ways that you can find out more about our services ;

- Visit our facebook page [www.facebook.com/phoenixblend](http://www.facebook.com/phoenixblend)
- Our website [www.vibrance.org.uk](http://www.vibrance.org.uk)
- Or contact us directly using the details under 'Get in touch' at the back of this leaflet