Canterbury Road is a small terraced house in a quiet residential street in Leytonstone. It provides a safe and comfortable environment as back-up to a strongly-focused community-based day service. Canterbury Road caters for adults with a range of learning disabilities and complex needs (including autism).

The service (formally run by ACS), has been in existence for over 10 years, with Vibrance managing the service since June 2008. Currently, we are working towards accreditation with the National Autistic Society.

Our services and activities

Canterbury Road provides services to adults with complex needs and who can exhibit challenging behaviour if their routine is disrupted. As such, Canterbury Road has become a specialist service dealing with the high end of challenging behaviour and autism.

People using services here range in age from their early 20’s to over 60. They all have 1:1 (or 2:1) support and a service that is individually tailored to meet their needs. The base is used if there are adverse weather conditions, if an individual has particular health issues or requires a safe place during periods of anxiety.

There are also small managed group activities such as bowling and day trips (for example, visits to the Tropical Wings Butterfly Park, the London Aquarium, Kew Gardens and the seaside).

Other regular activities enjoyed by people at Canterbury Road include pub meals, ice skating, the cinema and other social events.

The service operates seven days a week and includes evening sessions.