

Argyle Road Short breaks Service

36 Argyle Road
Ilford
Essex.
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Argyle Road is a registered short breaks service providing 24 hour short stay accommodation and support for up to six adults with mild to moderate learning disabilities. We take referrals from Redbridge, Waltham Forest, Newham, Essex, Barking, Dagenham and Havering at present but referrals from other boroughs are welcome. The service provides staff sleep-in during the night but additional waking night support and/or 1:1 support can be provided as required, in line with individual agreements.

The service opened in 1991 and the property is owned by the London Borough of Redbridge and registered with the Care Quality Commission (CQC).

Residents and activities

Argyle Road attracts a diverse range of people from different cultural backgrounds and age ranges. It has a varied monthly program of events that is updated regularly to provide a range of activities; both regular activities and seasonal activities based on service user feedback.

Activities include visits to the theatre, the cinema and bowling, as well as trips to the pub, the seaside and country parks. There are also summer BBQs, Valentine's, Halloween and Christmas discos, parties and karaoke nights.

People who use the service also enjoy meals out at local restaurants, and there's a choice of cooked food every night with special diets catered, to meet people's nutritional and cultural needs. Plus, our themed cultural nights with Greek, Caribbean, African, Jewish and Asian flavors do prove very popular too.

Accommodation

Argyle Road is a mid terrace Victorian brick property in the centre of Ilford with six single bedrooms, one room is situated on the ground floor and is wheelchair accessible. All bedrooms have their own wash hand basin and vanity unit.

The other five bedrooms are on the first floor along with a shared shower room, a WC and a bathroom and WC. The bedrooms have all recently been decorated and fitted out with new matching bedding and curtains, modern furniture and flat screen TVs.

There is a large shower room on the ground floor with a walk-in shower and WC. There is a communal kitchen and large lounge/dining area with comfortable sofas and armchairs to encourage socializing.



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